

Earls

Allergy Guide

USA

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MENU ITEM	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
TO START	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Charred Corn + Avocado Dip	*MAY - tortilla chips	*MAY - tortilla chips	YES - feta *MAY - tortilla chips			*MAY - tortilla chips		*MAY - tortilla chips	*MAY - tortilla chips		MAY - chipotle mayo *MAY - tortilla chips	
Crispy Birria Tacos			YES - cheese			YES - birria beef, birria broth		YES - birria beef, birria broth	YES - birria beef, birria broth			
Crispy Chicken Tenders, Fries + Honey Mustard Mayo	YES - chicken, honey mustard mayo *MAY - fries	*MAY - chicken, fries	*MAY - chicken, fries			YES - chicken *MAY - fries		YES - chicken *MAY - fries	YES - chicken *MAY - fries	YES - honey mustard mayo	YES - honey mustard mayo *MAY - chicken, fries	
Crispy Chili Tofu	*MAY - tofu	*MAY - tofu	*MAY - tofu		YES - togarashi spice	YES - tofu *MAY - tofu		YES - chili tofu dipping sauce *MAY - tofu	YES - chili tofu dipping sauce *MAY - tofu	YES - tofu (Colorado)	*MAY - tofu	
Earls Hot Wings - No Dip	*MAY - fryer	*MAY - fryer	*MAY - fryer			*MAY - fryer		*MAY - fryer	*MAY - fryer	YES - hot sauce	*MAY - fryer	
Earls Hot Wings + Dip	YES - ranch dip *MAY - fryer	*MAY - fryer	YES - ranch dip *MAY - fryer			YES - ranch dip *MAY - fryer		*MAY - fryer	YES - ranch dip *MAY - fryer	YES - hot sauce	YES - ranch dip *MAY - fryer	MSG (ranch dip)
French Fries	*MAY - fryer	*MAY - fryer	*MAY - fryer			*MAY - fryer		*MAY - fryer	*MAY - fryer		*MAY - fryer	
Jumbo Lump Crab Cake	YES - remoulade, crab cake	YES - crab cake (crab, anchovy)						YES - crab cake	YES - crab cake	YES - remoulade MAY - crab cake		
Sticky Korean Ribs	MAY - Korean BBQ sauce, ribs *MAY - ribs	MAY - Korean BBQ sauce, ribs *MAY - ribs	MAY - Korean BBQ sauce, ribs *MAY - ribs	MAY - sesame seeds, ribs	YES - Korean BBQ sauce, sesame seeds MAY - ribs	YES - Korean BBQ sauce, ribs *MAY - ribs	MAY - sesame seeds, ribs	YES - crispy onions, ribs, Korean BBQ sauce *MAY - ribs	YES - Korean BBQ sauce, crispy onions, ribs *MAY - ribs	YES - Korean BBQ sauce, Chinese 5 spice, ribs	YES - Korean BBQ sauce, ribs *MAY - ribs	Caramel colour - ribs
Szechuan Shrimp + Pork Dumplings		YES - anchovy, shrimp (dumplings)		YES - peanuts	YES - suanla chili sauce, dumplings	YES - suanla chili sauce, dumplings MAY - peanuts	MAY - peanuts	YES - suanla chili sauce, crispy onions, dumplings	YES - suanla chili sauce, crispy onions, dumplings			
Truffle Fries	YES - truffle mayo, parmesan *MAY - fries	*MAY - fries	YES - parmesan *MAY - fries			*MAY - fries		*MAY - fries	*MAY - fries		YES - truffle mayo *MAY - fries	
Yuzu Calamari	YES - yuzu aioli *MAY - calamari	YES - yuzu aioli (tuna) *MAY - calamari	YES - yuzu aioli YES - calamari		YES - togarashi spice	YES - yuzu aioli *MAY - calamari		*MAY - calamari	*MAY - calamari		YES - calamari	MSG (yuzu aioli)
SUSHI + RAW	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Aburi Salmon Sushi Press	YES - dashi mayonnaise	YES - salmon, dashi mayonnaise (tuna)	YES - dashi mayonnaise			YES - dashi mayonnaise, unagi sauce		YES - unagi sauce	YES - unagi sauce	MAY - pickled ginger		MSG (dashi mayonnaise)

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Ahi Tuna Tataki		YES - tuna						YES - pickled mushrooms, crispy onions MAY - yuzu broth	YES - pickled mushrooms, crispy onions MAY - yuzu broth	YES - pickled mushrooms MAY - yuzu broth		
Crispy Rice Sushi - Salmon or Tuna	YES - dashi mayonnaise	YES - salmon or tuna, poke dressing, dashi mayonnaise (tuna)	YES - poke dressing, dashi mayonnaise	MAY - poke dressing	YES - togarashi spice, poke dressing	YES - poke dressing, unagi sauce, dashi mayonnaise	MAY - poke dressing	YES - poke dressing, unagi sauce	YES - poke dressing, unagi sauce	YES - poke dressing	MAY - poke dressing	MSG (dashi mayonnaise, poke dressing)
Oysters on the Half Shell		YES - oysters								YES - mignonette		
Seafood Platter with Spicy California Roll	YES - spicy California roll	YES - shrimp, lobster, tuna, oysters, spicy California roll (crab, tuna), anchovy (tuna tataki)	YES - spicy California roll		YES - spicy California roll	YES - spicy California roll, soy sauce		YES - yuzu tuna tataki, soy sauce	YES - yuzu tuna tataki, soy sauce	YES - mignonette, cocktail sauce, dynamite roll, yuzu tuna tataki MAY - pickled ginger	YES - cocktail sauce	MSG (spicy California roll)
Seafood Tower with Spicy California Roll	YES - spicy California roll	YES - shrimp, lobster, tuna, oysters, spicy California roll (crab, tuna), anchovy (tuna tataki)	YES - spicy California roll		YES - spicy California roll	YES - spicy California roll, soy sauce		YES - yuzu tuna tataki, soy sauce	YES - yuzu tuna tataki, soy sauce	YES - mignonette, cocktail sauce, dynamite roll, yuzu tuna tataki MAY - pickled ginger	YES - cocktail sauce	MSG (spicy California roll)
Spicy California Roll	YES - spicy yuzu mayonnaise, spicy crab mix	YES - crab and tuna (spicy crab mix), spicy yuzu mayonnaise (tuna)	YES - spicy yuzu mayonnaise, spicy crab mix		YES - wrapper, togarashi	YES - spicy yuzu mayonnaise, spicy crab mix, wrapper, soy sauce		YES - soy sauce	YES - soy sauce	YES - spicy yuzu mayonnaise, spicy crab mix MAY - pickled ginger		MSG (spicy yuzu mayonnaise, spicy crab mix)
Wagyu Beef Oshi Press	YES - dashi mayonnaise	YES - dashi mayonnaise (tuna), anchovies (sweet soy glaze)	YES - dashi mayonnaise, sweet soy glaze		YES - sweet soy glaze	YES - dashi mayonnaise, sweet soy glaze, pickled shimeji mushrooms		YES - sweet soy glaze, pickled shimeji mushrooms	YES - sweet soy glaze, pickled shimeji mushrooms	YES - pickled shimeji mushrooms, sweet soy glaze		MSG (dashi mayonnaise, sweet soy glaze), colour (sweet soy glaze), artificial flavour (sweet soy glaze)
MAINS (includes sides unless otherwise noted, information on individual sides available below steaks section)	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Cajun Blackened Chicken	YES - coleslaw dressing, potato salad dressing		YES - confit garlic butter, potato salad							YES - confit garlic butter, coleslaw dressing, potato salad	YES - blackening spice, confit garlic butter, coleslaw dressing, potato salad	

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Korean Beef Bibimbap	YES - egg			MAY - sesame seeds	YES - bibimbap sauce, citrus soy sauce, sesame seeds	YES - bibimbap sauce, citrus soy sauce, soy ginger mushrooms	MAY - sesame seeds	YES - bibimbap sauce, citrus soy sauce, soy ginger mushrooms	YES - bibimbap sauce, citrus soy sauce, soy ginger mushrooms	YES - citrus soy sauce	YES - citrus soy sauce, kimchi	
Korean Beef Bibimbap - Vegan	*MAY - tofu	*MAY - tofu	*MAY - tofu	MAY - sesame seeds	YES - bibimbap sauce, citrus soy sauce, sesame seeds	YES - bibimbap sauce, citrus soy sauce, soy ginger mushrooms, tofu *MAY - tofu	MAY - sesame seeds	YES - bibimbap sauce, citrus soy sauce *MAY - tofu	YES - bibimbap sauce, citrus soy sauce *MAY - tofu	YES - citrus soy sauce, tofu (Colorado)	YES - citrus soy sauce, kimchi *MAY - tofu	
Miso-Glazed Chilean Sea Bass		YES - sea bass, tuna (quinoa portion, mushroom dashi broth)	YES - quinoa portion, mushroom dashi broth			YES - edamame (quinoa portion), mushroom dashi broth, marinated sea bass, shiro miso marinade		YES - quinoa portion, mushroom dashi broth	YES - quinoa portion, mushroom dashi broth	YES - marinated sea bass, shiro miso marinade		MSG (quinoa portion, mushroom dashi broth)
Oven-Roasted Atlantic Salmon w/ Feta Caper Dill Aioli	YES - feta aioli	YES - salmon	YES - feta aioli					YES - crispy onions	YES - crispy onions	YES - feta aioli	YES - feta aioli	
Oven-Roasted Atlantic Salmon - Cajun Blackened		YES - salmon	YES - confit garlic butter					YES - crispy onions	YES - crispy onions	YES - confit garlic butter	YES - blackening spice, garlic butter	
Shrimp + Scallop Spaghettini	YES - parmesan, basil almond pesto	YES - scallops, shrimp, clams (clam pasta broth)	YES - parmesan, confit garlic butter, basil almond pesto	MAY - basil almond pesto			YES - almonds MAY - others (basil almond pesto)	YES - spaghetti	YES - spaghetti	YES - clam pasta broth, confit garlic butter	YES - confit garlic butter	
Spicy Calabrian Pasta	YES - parmesan MAY - Calabrian chili paste	MAY - Calabrian chili paste	YES - parmesan, spicy tomato sauce, burrata MAY - Calabrian chili paste			MAY - pasta		YES - pasta, toasted garlic crumb MAY - Calabrian chili paste	YES - pasta, toasted garlic crumb MAY - Calabrian chili paste	YES - Calabrian chili paste	YES - chorizo MAY - Calabrian chili paste	
Spicy Calabrian Pasta - Vegetarian	YES - parmesan MAY - Calabrian chili paste	MAY - Calabrian chili paste	YES - parmesan, spicy tomato sauce, burrata MAY - Calabrian chili paste			MAY - pasta		YES - pasta, toasted garlic crumb MAY - Calabrian chili paste	YES - pasta, toasted garlic crumb MAY - Calabrian chili paste	YES - Calabrian chili paste	MAY - Calabrian chili paste	
Tomahawk Maple-Glazed Pork Chop	YES - broccolini	YES - anchovies (bacon jam)	YES - peppercorn sauce, confit garlic butter, broccolini, potatoes			YES - peppercorn sauce		YES - peppercorn sauce	YES - peppercorn sauce, bacon jam	YES - peppercorn sauce, bacon jam, confit garlic butter	YES - confit garlic butter, bacon jam	

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Truffle Tortellini	YES - tortellini, truffle cream sauce, parmesan		YES - tortellini, truffle cream sauce, parmesan					YES - tortellini	YES - tortellini	MAY - tortellini		
BOWLS + SALADS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Ahi Tuna Poke Bowl	YES - dashi mayonnaise	YES - tuna, dashi mayonnaise (tuna)	YES - dashi mayonnaise	MAY - macadamia nuts, poke dressing	YES - poke dressing, togarashi spice, seaweed salad	YES - dashi mayonnaise, poke dressing, seaweed salad	YES - macadamia MAY - others, poke dressing	YES - poke dressing, crispy onions	YES - poke dressing, crispy onions	YES - poke dressing		MSG (dashi mayonnaise, seaweed salad, poke dressing), yellow #5, Blue#1 (seaweed salad)
Ahi Tuna Poke Bowl with Greens	YES - dashi mayonnaise	YES - tuna, dashi mayonnaise (tuna)	YES - dashi mayonnaise	MAY - macadamia nuts, poke dressing	YES - poke dressing, togarashi spice, seaweed salad	YES - dashi mayonnaise, poke dressing, seaweed salad	YES - macadamia MAY - others, poke dressing	YES - poke dressing, crispy onions	YES - poke dressing, crispy onions	YES - poke dressing		MSG (dashi mayonnaise, poke dressing), yellow #5, Blue#1 (seaweed salad)
Cobb Salad	YES - egg, dressing		YES - blue cheese, dressing			YES - dressing						MSG (dressing)
Garden Greens	YES - parmesan		YES - parmesan					YES - toasted garlic crumb	YES - toasted garlic crumb			
Little Gem Caesar Salad	YES - Calabrian chili dressing, parmesan	YES - anchovies (Calabrian chili dressing)	YES - Calabrian chili dressing, parmesan					YES - garlic crumb MAY - Calabrian chili dressing	YES - garlic crumb, Calabrian chili dressing	YES - Calabrian chili dressing	YES - Calabrian chili dressing	
Southwest Chicken Avocado Salad	*MAY - fried tortilla	*MAY - fried tortilla	YES - cajun chicken, feta *MAY - fried tortilla	YES - peanut lime vinaigrette MAY - dates		MAY - peanut lime vinaigrette *MAY - fried tortilla	MAY - peanut lime vinaigrette, dates	*MAY - fried tortilla	*MAY - fried tortilla	YES - cajun chicken, peanut lime vinaigrette	YES - cajun chicken *MAY - fried tortilla	
ADD-ONS FOR BOWLS + SALADS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Add 1/2 Cajun Chicken Breast			YES - confit garlic butter							YES - confit garlic butter	YES - blackening spice, garlic butter	
Add 1/2 Chicken Breast												
Add 4 oz Sirloin												
Add Cajun Salmon		YES - salmon	YES - confit garlic butter							YES - confit garlic butter	YES - blackening spice, garlic butter	

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Add Crispy Tofu	*MAY - fryer	*MAY - fryer	*MAY - fryer		YES - citrus soy sauce	YES - tofu, citrus soy sauce		YES - citrus soy sauce *MAY - fryer	YES - citrus soy sauce *MAY - fryer	YES - citrus soy sauce, tofu (Colorado)	YES - citrus soy sauce *MAY - fryer	
Add Grilled Cajun Jumbo Shrimp		YES - shrimp	YES - confit garlic butter							YES - confit garlic butter	YES - blackening spice, confit garlic butter	
Add Grilled Garlic Jumbo Shrimp		YES - shrimp	YES - confit garlic butter							YES - confit garlic butter	YES - confit garlic butter	
Add Salmon		YES - salmon	YES - butter									
HANDHELDS (sandwich only, see below for sides / add-ons)	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Burger Bun								YES	YES			artificial flavour (bun)
Gluten Aware Burger Bun - Vegan												
Deluxe Burger	YES - caramelized onion mayo MAY - BBQ sauce	MAY - BBQ sauce	YES - caramelized onion mayo, cheese MAY - BBQ sauce		MAY - BBQ sauce	YES - BBQ sauce		YES - crispy onions, bun MAY - BBQ sauce	YES - crispy onions, BBQ sauce, bun	YES - caramelized onion mayo, BBQ sauce	YES - BBQ sauce, caramelized onion mayo	caramel colour (BBQ sauce), artificial flavour (bun)
Earls Classic Burger	YES - mayo							YES - bun	YES - bun	YES - mustard MAY - pickle	YES - mayo, mustard	artificial flavour (bun)
Garden Burger	YES - mayo					YES - burger		YES - bun, burger	YES - bun, burger	YES - mustard MAY - pickle	YES - mayo, mustard	artificial flavour (bun)
Garden Burger - Vegan						YES - burger		YES - burger	YES - burger	MAY - pickle	YES - mustard	
Nashville Chicken Sandwich	YES - bun, honey mustard mayo *MAY - chicken	*MAY - chicken		*MAY - chicken		*MAY - chicken	MAY - bun	YES - bun, chicken	YES - bun, chicken	YES - honey mustard mayo	YES - honey mustard mayo, Nashville hot spice *MAY - chicken	artificial flavour (bun)
TACOS (tacos only, see below for sides and add-ons)	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Baja	*MAY - cod	YES - cod *MAY - cod	*MAY - cod	*MAY - cod		*MAY - cod		YES - tortilla, cod	YES - tortilla, cod		*MAY - cod	
Carne			YES - feta, confit garlic butter					YES - tortilla	YES - tortilla	YES - confit garlic butter	YES - blackening spice (beef), confit garlic butter, chipotle mayo	

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Steak with Truffle Butter + Mashed Potato	*MAY - crispy potato garnish	*MAY - crispy potato garnish	YES - truffle butter, mashed potato *MAY - crispy potato garnish	,		*MAY - crispy potato garnish		*MAY - crispy potato garnish	*MAY - crispy potato garnish		*MAY - crispy potato garnish	
Steak + Sushi: Spicy California Roll	YES - spicy California roll	YES - crab, tuna (spicy California roll)	YES - spicy California roll	MAY - sesame seeds	YES - sesame seeds, citrus soy sauce, spicy California roll	YES - citrus soy sauce, spicy California roll, soy sauce	MAY - sesame seeds	YES - citrus soy sauce, soy sauce	YES - citrus soy sauce, soy sauce	YES - citrus soy sauce, spicy California roll MAY - pickled ginger	YES - citrus soy sauce	MSG (spicy California roll)
Steak Frites	MAY - horseradish cream, bread (Waikiki) *MAY - fries	*MAY - fries	YES - confit garlic butter *MAY - fries	MAY - bread (Waikiki)	MAY - bread (Waikiki)	MAY - bread (Waikiki)	MAY - bread (Waikiki)	YES - bread *MAY - fries	YES - bread *MAY - fries	YES - confit garlic butter, horseradish cream	YES - confit garlic butter *MAY - fries	
SAUCES FOR STEAKS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Black Truffle Butter			YES									
Cajun Blackened (spice and butter)			YES - confit garlic butter							YES - confit garlic butter	YES - garlic butter, spice	
Horseradish	YES									YES		Artificial flavours (horseradish)
Peppercorn Sauce	MAY - demi glaze	MAY - demi glaze	YES		MAY - demi glaze	YES - demi glaze		YES - demi glaze	YES - demi glaze	YES - demi glaze	MAY - demi glaze	MAY - tartrazine (demi glaze)
SIDES FOR STEAKS AND MAINS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Coleslaw	YES									YES - dressing	YES - dressing	
Grilled Cajun Jumbo Shrimp		YES - shrimp	YES - confit garlic butter							YES - confit garlic butter	YES - blackening spice, confit garlic butter	
Grilled Garlic Jumbo Shrimp		YES - shrimp	YES - confit garlic butter							YES - confit garlic butter	YES - confit garlic butter	
Jumbo Lump Crab Cake	YES - remoulade, crab cake	YES - crab cake (crab, anchovy)						YES - crab cake	YES - crab cake	YES - remoulade MAY - crab cake		
Lobster Tail		YES - lobster	YES - confit garlic butter							YES - confit garlic butter	YES - confit garlic butter, blackening spice	
Mashed Potato with Crispy Potato Garnish	*MAY - crispy potato garnish	*MAY - crispy potato garnish	YES - mashed potato *MAY - crispy potato garnish	,		*MAY - crispy potato garnish		*MAY - crispy potato garnish	*MAY - crispy potato garnish		*MAY - crispy potato garnish	

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Seasonal Vegetables - Asparagus			YES - butter									
Seasonal Vegetables - Broccolini	YES - parmesan		YES - parmesan									
Spring Onion Jasmine Rice for Salmon								YES - crispy onions	YES - crispy onions			
Truffle Mashed Potatoes	*MAY - crispy potato garnish	*MAY - crispy potato garnish	YES - potatoes, truffle butter *MAY - crispy potato garnish			*MAY - crispy potato garnish		*MAY - crispy potato garnish	*MAY - crispy potato garnish		*MAY - crispy potato garnish	
Warm Potato Salad	YES - dressing		YES - confit garlic butter, dressing							YES - confit garlic butter	YES - confit garlic butter, dressing	
DESSERTS	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Bourbon Pecan Pie	YES - pie shell	MAY - pie shell	YES - chantilly cream, chocolate, pie shell	MAY - pie shell		YES - chocolate MAY - pie shell	YES - pecan pie MAY - others	YES - pie shell	YES - pie shell	MAY - pie shell	MAY - pie shell	
Chocolate Banana Cream Pie	YES - pie shell	MAY - pie shell	YES - chantilly cream, pie shell	MAY - pie shell		YES - dark chocolate MAY - pie shell		YES - pie shell	YES - pie shell	MAY - pie shell	MAY - pie shell	
Chocolate Sticky Toffee Pudding	YES - pudding, gelato/ice cream		YES - gelato/ice cream, pudding, toffee sauce, choc sauce, almond florentine	MAY - dates (pudding), almond florentine		YES - pudding, chocolate sauce	MAY - dates (pudding), others (almond florentine)	YES - pudding, almond florentine MAY - granola	YES - pudding, almond florentine MAY - granola			
Coconut Cream Pie	YES - pie filling, pie shell	MAY - pie shell	YES - chantilly cream, pie filling, pie shell	MAY - pie shell		MAY - pie shell	YES - coconut	YES - pie shell	YES - pie shell	MAY - pie shell	MAY - pie shell	
Creme Brulee Cheesecake	YES - cheesecake, vanilla crème anglaise		YES - cheesecake, chantilly cream, vanilla crème anglaise	MAY - cheesecake		YES - cheesecake	MAY - cheesecake	YES - cheesecake	YES - cheesecake			
Key Lime Pie	YES - pie shell	MAY - pie shell	YES - pie, chantilly cream, almond florentine	MAY - pie shell, almond florentine		YES - pie MAY - pie shell	YES - almond florentine MAY - pie, others (almond florentine)	YES - pie, almond florentine	YES - pie, almond florentine	MAY - pie shell	MAY - pie shell	artificial flavour (pie)
BRUNCH	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Almond Berry Pancake	YES - pancake, vanilla crème anglaise		YES - butter, pancake, almond florentine, chantilly cream, vanilla crème anglaise	MAY - almond florentine		YES - pancake	YES - almond florentine MAY - others (almond florentine)	YES - pancake, almond florentine	YES - pancake, almond florentine			

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American Breakfast (2 or 3 Eggs)	YES - eggs MAY - bread (Waikiki) *MAY - potato pave	*MAY - potato pave	YES - butter, confit garlic butter *MAY - potato pave	MAY - bread (Waikiki)	MAY - bread (Waikiki)	MAY - bread (Waikiki) *MAY - potato pave	MAY - bread (Waikiki)	YES - bread *MAY - potato pave	YES - bread *MAY - potato pave	YES - confit garlic butter	YES - confit garlic butter *MAY - potato pave	
Avocado Benedict	YES - eggs, hollandaise MAY - bread (Waikiki) *MAY - potato pave	*MAY - potato pave	YES - hollandaise, butter *MAY - potato pave	MAY - bread (Waikiki)	MAY - bread (Waikiki)	MAY - bread (Waikiki) *MAY - potato pave	MAY - bread (Waikiki)	YES - bread *MAY - potato pave	YES - bread *MAY - potato pave	YES - hollandaise	YES - hollandaise *MAY - potato pave	
Breakfast Burger	YES - mayo *MAY - potato pave	*MAY - potato pave	YES - cheese MAY - bun *MAY - potato pave		YES - bun (Texas)	*MAY - potato pave		YES - bun *MAY - potato pave	YES - bun *MAY - potato pave	YES - mustard MAY - pickle	YES - mayo, mustard *MAY - potato pave	artificial flavour (bun)
Brunch Potato Pave	*MAY	*MAY	*MAY			*MAY		*MAY	*MAY		*MAY	
Chilaquiles Brunch Bowl	YES - eggs *MAY - potato pave, nacho chips	*MAY - potato pave, nacho chips	YES - feta cheese, spicy tomato sauce *MAY - potato pave, nacho chips	*MAY - potato pave, nacho chips		*MAY - potato pave, nacho chips		*MAY - potato pave, nacho chips	*MAY - potato pave, nacho chips		YES - chorizo MAY - chipotle mayo *MAY - potato pave, nacho chips	
Eggs Benedict	YES - eggs, hollandaise MAY - bread (Waikiki) *MAY - potato pave	*MAY - potato pave	YES - hollandaise, butter *MAY - potato pave	MAY - bread (Waikiki)	MAY - bread (Waikiki)	MAY - bread (Waikiki) *MAY - potato pave	MAY - bread (Waikiki)	YES - bread *MAY - potato pave	YES - bread *MAY - potato pave	YES - hollandaise	YES - hollandaise *MAY - potato pave	
Guava Pineapple Pancake	YES - pancake		YES - pancake, chantilly cream			YES - pancake	YES - macadamia nut crumble	YES - pancake	YES - pancake			
Nashville Crispy Chicken + Waffles	YES - waffle *MAY - chicken	*MAY - chicken	YES - waffle, chicken *MAY - chicken			YES - waffle MAY - waffle (Colorado) *MAY - chicken	*MAY - chicken	YES - waffle, chicken	YES - waffle, chicken		YES - Nashville hot spice	
Steak + Eggs	YES - eggs *MAY - potato pave	*MAY - potato pave	YES - confit garlic butter *MAY - potato pave	MAY - bread (Waikiki)	MAY - bread (Waikiki)	MAY - bread (Waikiki) *MAY - potato pave	MAY - bread (Waikiki)	YES - bread *MAY - potato pave	YES - bread *MAY - potato pave	YES - confit garlic butter	YES - confit garlic butter *MAY - potato pave	
Tomato + Feta Shakshuka	YES - eggs MAY - bread (Waikiki)		YES - feta, bread	MAY - bread (Waikiki)	MAY - bread (Waikiki)	MAY - bread (Waikiki)	MAY - bread (Waikiki)	YES - bread	YES - bread	YES - bread (confit garlic butter)	YES - bread (confit garlic butter)	
HAPPY HOUR EXCLUSIVES	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Chips + Salsa	*MAY - spiced fried tortilla chips	*MAY - spiced fried tortilla chips	*MAY - spiced fried tortilla chips	*MAY - spiced fried tortilla chips		*MAY - spiced fried tortilla chips		*MAY - spiced fried tortilla chips	*MAY - spiced fried tortilla chips		YES - spiced fried tortilla chips	

Warning: The information provided above reflects the current information provided to Earls from their food suppliers or from food package labels and a review of the ingredients used in our recipes. We cannot guarantee that all of the allergens are listed for the pre-prepared items used.

*MAY = Cross contamination from fryer
MAY = cross contamination from supplier
CELIAC = no wheat, barley, rye and most oats

MENU ITEM	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Nashville Crispy Chicken + Pickle Skewers	YES - honey mustard mayo *MAY - chicken		YES - chicken			*MAY - chicken		YES - chicken	YES - chicken	YES - honey mustard mayo	YES - honey mustard mayo, pickles, Nashville hot spice *MAY - chicken	
Petite Steak Frites	YES - parmesan, garlic truffle mayonnaise *MAY - fries	*MAY - fries	YES - parmesan, garlic truffle mayonnaise *MAY - fries	*MAY - fries		*MAY - fries		*MAY - fries	*MAY - fries		YES - garlic truffle mayo *MAY - fries	
Sticky Korean Ribs	MAY - Korean BBQ sauce, ribs *MAY - ribs	MAY - Korean BBQ sauce, ribs *MAY - ribs	MAY - Korean BBQ sauce, ribs *MAY - ribs	MAY - sesame seeds, ribs	YES - Korean BBQ sauce, sesame seeds MAY - ribs	YES - Korean BBQ sauce, ribs *MAY - ribs	MAY - sesame seeds, ribs	YES - crispy onions, ribs MAY - Korean BBQ sauce *MAY - ribs	YES - Korean BBQ sauce, crispy onions, ribs *MAY - ribs	YES - Korean BBQ sauce, Chinese 5 spice, ribs	YES - Korean BBQ sauce, ribs *MAY - ribs	Caramel colour - ribs
KIDS MENU	EGG	SEAFOOD	MILK	PEANUTS	SESAME	SOY	TREE NUTS	WHEAT	GLUTEN	SULPHITES	MUSTARD	OTHER
Burger & Fries	YES - mayo *MAY - fries	*MAY - fries	*MAY - fries			*MAY - fries		YES - bun *MAY - fries	YES - bun *MAY - fries		YES - mayo *MAY - fries	artificial flavour (bun)
Butter Noodles	YES - parmesan MAY - bread (Waikiki)		YES - butter, confit garlic butter, parmesan		MAY - bread (Waikiki)	MAY - pasta, bread (Waikiki)	MAY - bread (Waikiki)	YES - pasta, bread	YES - pasta, bread	YES - confit garlic butter	YES - confit garlic butter	
Chicken + Cheese Quesadilla	*MAY - fries	*MAY - fries	YES - cheese *MAY - fries			*MAY - fries		YES - tortilla *MAY - fries	YES - tortilla *MAY - fries		*MAY - fries	
Chicken Tenders & Fries	YES - chicken, honey mustard mayo *MAY - fries	*MAY - chicken, fries	*MAY - chicken, fries			YES - chicken *MAY - fries		YES - chicken *MAY - fries	YES - chicken *MAY - fries	YES - honey mustard mayo	YES - honey mustard mayo *MAY - chicken, fries	
Fish + Chips	YES - remoulade *MAY - fries, fish	YES - cod *MAY - fries, fish	*MAY - fries, fish			*MAY - fries, fish		YES - fish *MAY - fries, fish	YES - fish *MAY - fries, fish	YES - remoulade	YES - remoulade *MAY - fries, fish	
Waffles	YES - waffles		YES - chantilly cream, waffles			YES - waffles MAY - waffles (Colorado)		YES - waffles	YES - waffles			
Ice Cream Bowl	YES - ice cream		YES - ice cream, toffee sauce, caramel sauce, chocolate fudge sauce			YES - chocolate fudge sauce						